

HARBOR HOUSE TREMONT TROT

More than a race. A community cause.

HARBOR HOUSE 11th ANNUAL 4 MILE TREMONT TROT & 1 MILE FUN RUN

June 22, 2008



Our 4 mile Trot is part of the Eden Athletics – Jack Russell's Steak House Points Series. This scenic race runs through part of Acadia National Park and ends at the Tremont Community Center. It is open to all male and female runners ages 13 & up. Immediately following the race is a free Fun Run for kids 12 & under. All Fun Run participants will receive an award. Check in time begins at 7 a.m. at the Tremont Community Center on Sunday June 22, 2008. A shuttle bus will transport runners to the starting line at Sewall Picnic Area at approximately 8:00a.m. The race begins at 8:30a.m.

Registration is \$15.00 before June 18th and \$20 after that.

Race Day registration will be held at the Tremont Community Center. **ALL RUNNERS MUST CHECK IN EVEN IF THEY ARE PRE- REGISTERED.**

If you have any questions contact Diana at Harbor House 244-3713 ext 108 email

NAME _____ PHONE# _____ AGE _____ SEX _____

EMAIL _____ ADDRESS _____

EMERGENCY CONTACT _____

Circle method of payment: Visa Mastercard Cash/Check Check# _____

Name on card: _____ Card # _____

Expiration date: _____ Amount: _____

Fun Run Participant Name _____ Age _____

TOTAL AMOUNT DUE TO HARBOR HOUSE TREMONT TROT: \$ _____

YES I WOULD LIKE TO MAKE AN ADDITIONAL CONTRIBUTION TO HARBOR HOUSE: \$ _____

TOTAL AMOUNT DUE TO HARBOR HOUSE: \$ _____

I know that participating in a road race is potentially hazardous activity. I certify that I am medically able and properly trained to participate in this race. I agree to abide by any decision of a race official relative to my ability to safely complete this event. I assume all risks and hazards associated to this event. Having read this waiver and knowing these facts and considerations of you accepting my application, I, for myself release Harbor House, Eden Athletics, Jack Russell's Steak House, The Town of Tremont, Acadia National Park, The Town of Southwest Harbor, all sponsors, their representatives from any and all claims or liabilities of any kind, arising out of my participation in this event.

X _____

X _____

Parents signature if under 18